

Introduction to PADEL

INTRODUCTION TO PADEL

TRAINING THE TRAINERS



All Racquet Sports/ AFP Academy powered by **adidas** padel is the platform where teaching professionals perfect their knowledge and teaching methods. The methodology that was developed pushes professionals to complete specific Padel training techniques in the technical, tactical, bio-mechanical & physical areas of the sport.

GOALS:

During your time on the court you will be introduced to the sport of padel including the history, rules of the sport and training techniques. In addition you will get insight in to the intensive ARS/ AFP Academy powered by **adidas** padel Certification program that is supported by the USPTA

CONTENT:

- **Knowledge of padel:** Learn the details of the sport and the excitement of playing.
- **Analysis:** Learn the rules and the fundamentals of Padel while getting a clear understanding of the benefits of the Certification process..
- **Master Classes & Workouts:** Receive a basic understanding of the sport, workouts and training techniques.
- **Communication:** Understand how to teach with passion and explain how to get others excited about Padel.

INTRO INCLUDES: All Racquet Sports **adidas** T shirt, bag tag and Certificate of attendance of Introduction to Padel Certification

MASTER CERTIFIED TEACHING INSTRUCTOR:

SIGN-UP NOW • \$199 includes registration fees

Questions about the course, please contact
marcos@allracquetsports.com



Marcos del Pilar
All Racquet Sports USA

1
PROGRAM

1
DAY

2
HOURS

Lifetime
OPPORTUNITY

In partnership with:

